

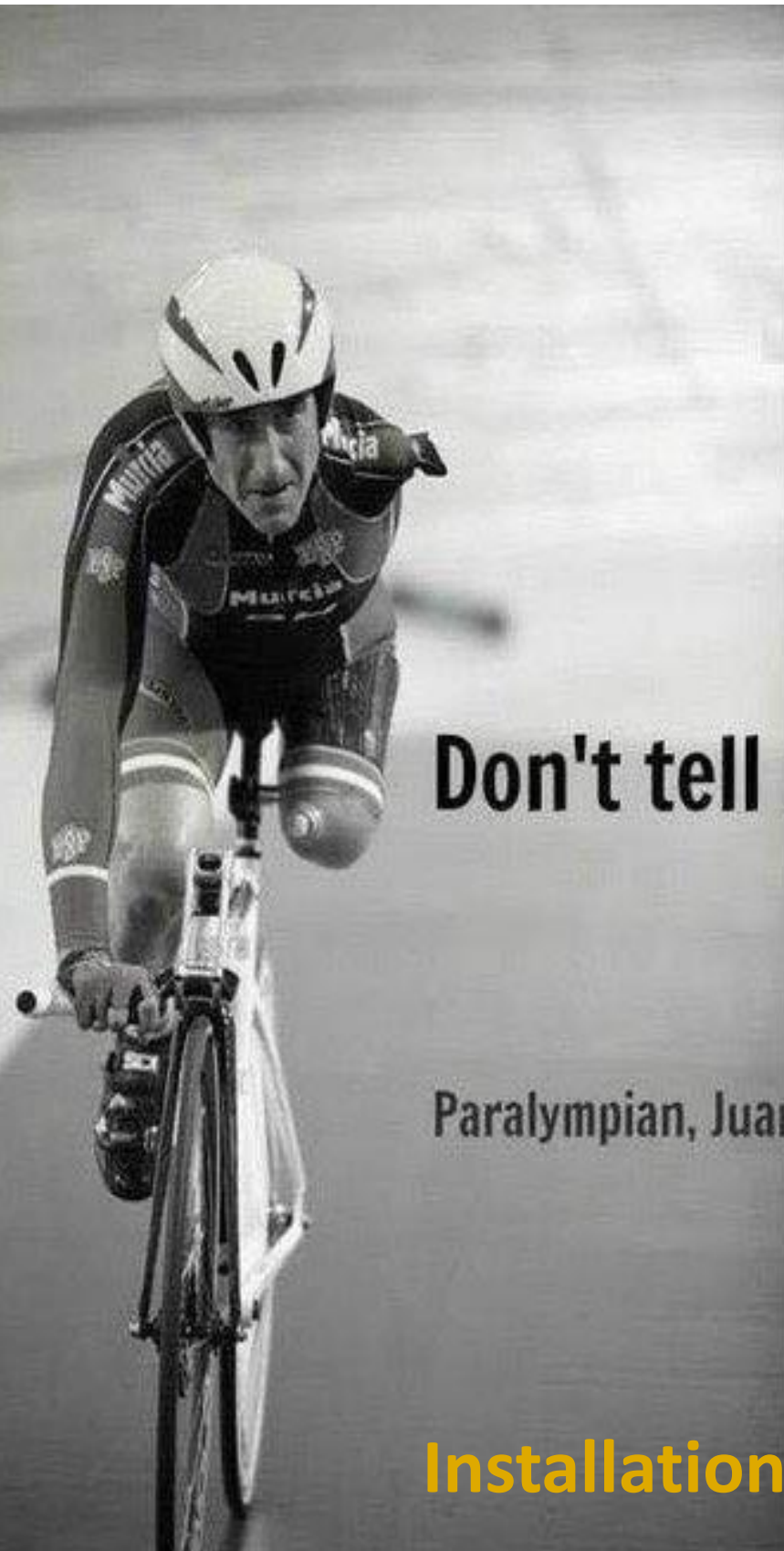
Ottapalam Rotary News

a quarterly Bulletin of Rotary club of Ottapalam

Issue # 1

RID 3201 – Club 22653

Jul-2019



Don't tell me you can't.

Paralympian, Juan José Méndez

Installation Special

Rotary



mission
2020

Responsible
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from the Editor's desk

Rtn. Ramachandran K



Dear fellow Rotarians,

This is a special Installation issue of the ORN bulletin. This is my 2nd consecutive innings as a club bulletin editor. Please support whole heartedly in contributing to this bulletin by way of useful articles and other information. Let us take our club's public image to new heights!

While congratulating IPP Rtn. Adv. Pradeep and 2018-19 team on their successful completion of their term with excellent projects, I take this opportunity to wish our 2019-20 team all the best.

Let us all work together for a better year 2019-20 and make our District Governor's dream project **Mission-2020 Responsible India** a great success.

Ramachandran K
Bulletin Editor

Send your comments and suggestions by email to cio.rotaryotp@gmail.com

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Let noble thoughts come to us from every side -Rigveda: 1-89-1

"... ageless message of Faith, Self-discipline and Dedication:
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With Best Wishes From Bhavan's Vidyalaya Ottapalam Kendra & Bhavans Sangeet Nartan Siksha Kendra (CSN Trust Building, Ottapalam)



District Priority – Responsible India

About Responsible India



In the past few years, the scholars from the population growth domain across the globe have been predicting the good fortune that will catapult India to be the superpower of the world, because of its less understood phenomenon termed "Demographic Dividend".

Let us demystify the term Demographic Dividend. The economic output of any country is contributed by a section of the society in a particular age group. Youth in the age group between eighteen and thirty five years normally fall in this group.

The countries across the world that includes, Europe, North America, Australia, Japan, to name a few are ageing. Or the percentage of population in the productive age group is falling as years roll by. Therefore, their economic output will take a beating and to maintain the same level of output, these countries will be looking for skilled or knowledge workforce from elsewhere. India has more than 50% of its population below the age of 25 and more than 65% below the age of 35. It is expected that, in 2020, the average age of an Indian will be 29 years, compared to 37 for China and 48 for Japan.

This is where, the population researchers say that India can take the opportunity squarely. Fortunately, in spite of burgeoning population, we have the largest contingent of young men and women who can be the engine of the growth of the country. As it is estimated, this group could account for at least thirty percent of the population. And scholars say that the country can hold this supremacy for several decades.



Rotary District Governor Rtn. Madhav Chandran and First Lady Rtn. Sujata Madhav with Rotary International President Rtn. Mark Daniel Maloney and Mrs Maloney

Message from District Governor

Rtn. R. Madhav Chandran



Dear President Rtn. Ramachandran, Secretary Rtn. Kesavadas & the team of newly selected office bearers,

Greetings and best wishes as you embark on this journey to lead your prestigious Club of Ottapalam. Your Club has a legacy of many achievements and milestones made by your past leaders. We need to ensure that every year we lift the benchmarks even higher, be it in any avenue of service or activities, and set new standards for our successors to follow. As leaders when we get together under the Rotary banner and unite within a family called the Rotary Club, it is a rare and unique opportunity for each of us to multiply the quantum of good deeds we wish to do as individuals. And leading such a group where everyone looks up to you for directions - it is a situation that is both enviable and demanding. Enviable, as every idea and thought that you generate - you as a leader can implement with the collective force of your members. Demanding, as your words and deeds are continuously under the scanner and you cannot make even the slightest error or have lack of knowledge over Rotary matters. I am sure you and your team of office-bearers have planned well to have a fruitful and meaningful year. It is equally important to be aware of relevant Rotary matters and directives from Rotary International as well as from the District Secretariat in fine-tuning such plans.

We are fortunate to have 2019-2020 as our year of action. 2020 is the year when Rotary celebrates the centennial year of its existence in India. 2020 is also an year which many great leaders for time immemorial have been talking about, as an year when many of their visions for our country were to fructify. Though we have progressed and advanced much as a nation, more needs to happen to catapult India into the top league. Of the many aspects, one which is getting glaringly reduced is the respect for our traditional value systems among the new generation.

Who is to be blamed for this - as we do not have any formal education or sessions to mold our children into responsible citizens imbued with the great Indian values. As parents, as leaders, as Rotarians, we do have a responsibility to inculcate such values in our kids, and this thought found expression in the creation of a signature project for our year - "Mission 2020 : Responsible India". Please do your bit in spreading the goodness of this project through the schools that are willing to benefit from our plans and activities.

Membership is what Rotary is all about. That is not just an avenue, but the topmost priority for us. Without a comfortable strength of members no Club is sustainable and its running feasible. Be it attendance, be it generation of ideas, be it availability of funds - membership is the key. As I have mentioned to you in the many events, please look for a quantum rise in membership and focus more on young members and also invite newer lady members. Both these will bring in a fresh lease of air in your Club with vibrancy, diversity and good decorum. So please do all possible to attract good members and turn them into true Rotarians.

Every life and every innings is all about the memorable trails that one leaves behind. This is our chance to script the legacy that we wish to be created through Rotary. Let us make Rotary connect the world in all aspects and let us be the connecting link in that. Every minute that we spend in Rotary must become enjoyable and gratifying. Let all our actions be focused on such ideals that make all of us proud to be together in this great organisation and make this world a better place to live in. Sujata joins me in wishing all the members of your Club the very best and a great year ahead, and assuring to be with you this year and beyond,

Best regards,

R. Madhav Chandran, District Governor 2019-2020

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Message from Chief Guest

PDG Rtn. Venugopal C Govind



I am delighted to know that Rotary club of Ottapalam is bringing out a special issue of its News Bulletin on the important occasion of the installation of new office-bearers for the year 2019-20.

It is indeed a matter of great achievement that the club has been publishing a very informative and educative bulletin every month regularly for the last several years. A club bulletin is a powerful medium to reach out to all members and to keep them abreast of all programs, projects and activities of the club, the District and even the RI.

I have very high appreciation for the commendably successful manner in which the Ottapalam club has been functioning during the last many years. The large number of service projects of great humanitarian value being executed by the club in all avenues of service, bear ample testimony to the dedication and commitment of the club members and the leadership and dynamism of all those stalwarts who successfully steered the club in yesterday years.

Even as I congratulate the President and members of the outgoing Board for their invaluable selfless contributions in the year that past, I Wish the incoming President Ramachandran, and his team a highly satisfying and rewarding year of significant and worthy service projects and events to remember, for ever.

Best wishes & Regards

PDG. Venugopal. C. Govind.

A introduction to our Chief Guest PDG Rtn. Venugopal. C. Govind.

- *He is a senior Chartered Accountant and renowned Management Consultant. He served as the senior managing partner of M/s Varma & Varma, the leading audit & Consulting firm in South India.*
- *He was President of Various Chambers of Commerce and Trade & Business Associations of South India*
- *He has served as Director on the Boards of various Public and Private Sector Companies in India.*
- *He has served as advisor and consultant to several large Industrial and Infrastructural Projects in South India.*
- *He is on the Governing /Advisory Boards of various Business schools, Engineering Colleges and other educational Institutions.*
- *He is a past District Governor of Rotary International, South India. He has served in various Rotary International committees on Vocational & Youth Service, Rotary Village Corps, Public Relations, Magazine etc. He had led the GSE team to Dist. 717 in upstate New York and has also gone to Toronto Canada on a world community Service Programme on Measles immunisation and Disaster Relief Projects. He was chairman of the Rotary Asia Institute held in Kochi in 1996. He serves as chairman of Dist. Advisory council and of the Dist. Flood relief Project.*
- *He is now the Chairman of Bharathiya Vidya Bhavan, Kochi Kendra and Senior Trustee of Chinmaya Mission Educational and Cultural Trust Greater Kochi.*

Message from District Director



Rtn. Dr. Suresh Kumar E

My dear Rtn President Elect Ramachandran K,

I am indeed very delighted to note that you are bringing out a special issue of your news letter "Ottapalam Rotary News", to coincide with the installation of Rtn K. Ramachandran and his team for the year 2019 – 20..

Installation of President and Officers is an important function of any Rotary Club. This is the occasion where the outgoing President and his team presents their accomplishments, and the incoming President outlines his plans for the future. It is amazing to see that the core values and philosophies remain strong and steady. It is said that ' Change is the only constant'.

Rotary Club of Ottapalam has a glorious tradition of taking care of the needs of the community, as is evident from the plethora of projects that the Club has undertaken over the years. Excellent comraderie, involvement of family, and the harmonious mix of the vibrancy of youth and experience of senior members, make Rotary Club of Ottapalam, a leader all the way. A club bulletin is a Club's mouth piece. I have had the opportunity to go through the previous issues of "Ottapalam Rotary News", and it covers all the information, including the club's activities and member's news along with other Rotary information. The newsletter will also be a good source of reference in future, especially for members who join in the coming years.

I also take this opportunity to congratulate Rtn. Ramachandran K and his team of Officers, as they embark on a journey to ' Connect the World '. I wish you and Ottapalam Rotarians, good luck and Godspeed in all endeavours.

Yours in Rotary.

Rtn Dr. Suresh Kumar. E

District Director, Zone 2, 2019-20.

Message from Assistant Governor



Rtn. Dr. Achuthan Kutty

Dear Rtn. Ramachandran and Rtn. Kesavadas,

You should be really proud of this golden opportunity to lead a vibrant club like R C of Ottapalam. My greetings and best wishes to you and your team for a successful and fruitful journey ahead. I am sure you have planned well in advance to have a meaningful Rotary year. I am very happy and eager to associate with your club during my tenure as AG. The dynamic and committed performances of past presidents has led the club to a greater heights.

I take this opportunity to appreciate the out going president Rtn Adv.. Pradeep and secretary Rtn. Lt. Col. Venugopalan and team for their wonderful and fantastic achievements that left bench marks in all avenues of service.

It gives me immense pleasure to note that this club is coming up with a special edition of bulletin on the installation day. I wish the editorial board all success to release a beautiful bulletin on this special day. Once again my best wishes to all.

With regards,

Dr. Achuthankutty K.P

Assistant Governor

Ottapalam Rotary News



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President's message



Dear Fellow Rotarians,

Rtn. Ramachandran K

Greetings!

The captaincy mantle of the Rotary club of Ottapalam has been now handed over to me for a year. I humbly accept this responsibility and challenge as part of my life. The blessings and whole hearted support of all past presidents and other members of this august club that grew better and better over the last 34 years by doing good to the world will give me strength to go forward. The challenge is to keep up the pace set by my predecessors. Please help me do that by associating with you.

Major projects for the year shall be Responsible India, a district priority roject under which children of classes 5,6 &7 shall be taught on civic sense and respect to elders. It also include Resource Pool, Smart Class rooms and Tablets, Girls Hygiene and Toilet Blocks, Wins & Safe Drinking water, Library a d Computer Lab, Rotary I Share, School Events, Cancer Care, Nectar of Life, etc.

Rain water harvesting and waste management shall continue as our continuing effort. in addition several on going projects started earlier like scholarships, medical assistance, free meals to the needy, Blood donation, health camps, etc. A special camp for those who have lost their limbs and arms will be conducted this year and free artificial limbs and hands shall be made available to them.

While once again thanking all fellow Rotarians and well wishers for honoring me with this responsibility, I shall try my best along with my team to keep your club's name and traditions UP.

Let us all work together for a better world tomorrow!

Jai Rotary! Jai Hind!

Secretary's message



Rtn. K.N. Kesavadas

Dear Fellow Rotarians,

I am very happy and proud to be the secretary of Rotary club of Ottapalam 2019-2020 period. The challenging job can be executed only with whole hearted support from you the fellow Rotarians. I assure you that I will try my best to keep up the decorum and responsibilities for the club.

The number of activities carried out during 2018-19 by IPP Rtn. Adv. P Pradeep and his team has set some high benchmark for us. We have started the year with 'SMILE' project on the 1st of July 2019 itself. 10 poor students of NSS High school in Ottapalam were given Uniforms which brought smiles on their faces. We have plans for more such projects in the future. A blood donation camp was conducted in association with PK Das Institute of Medical Sciences in Vaniamkulam. Let us all work together for a productive Rotary year 2019-20 and the goals set by our District Governor through "Mission-2020 - Responsible India' projects.

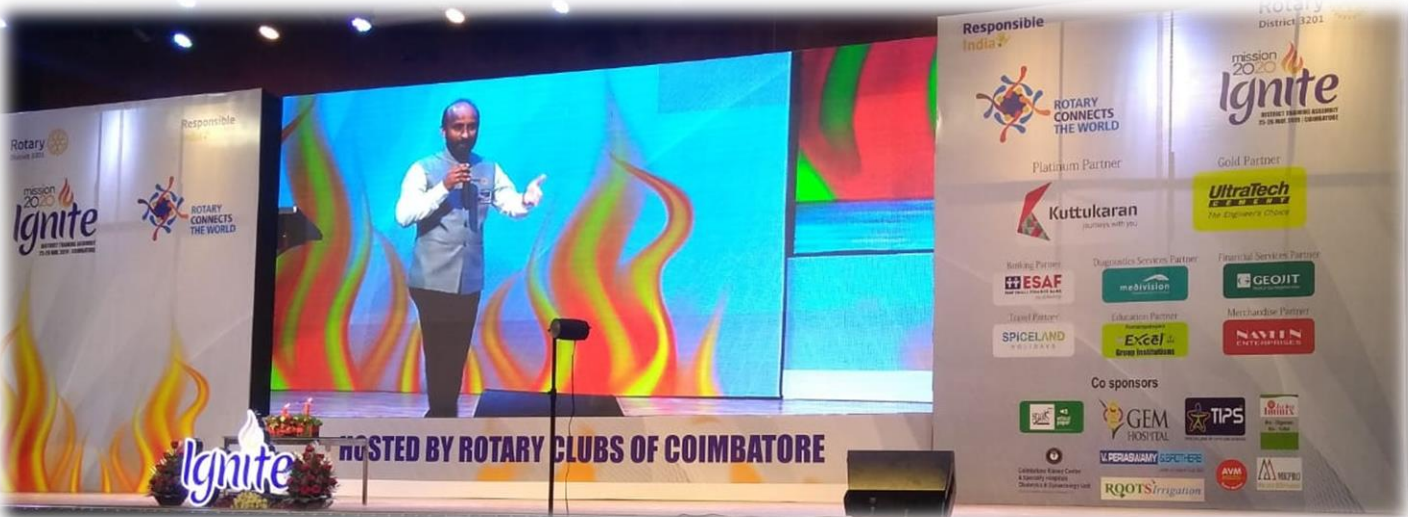
Rtn. K.N. Kesavadas

Secretary

Leaders got trained at PETS, DOTS & District Assembly



(left) President Ramachandran K with District Governor Rtn. Madhav Chandran and 1st lady Rtn. Sujatha Madhav. (right) At District Assembly in Coimbatore on 25/26 May 2019. President Rtn. Ramachandran K, Rtn. Adv. Sreeraj N, Rtn. Ambalakkat Ram Mohan, IPP Rtn. Adv. Pradeep P and Secretary Rtn. K.N.Kesavadas. DG Rtn. Madav Chandran at the Assembly (below)



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District Officers from our club got trained at DOTS



Club officers at District Assembly IGNITE

Highlight projects of 2018-19



Donated 5cents of Land to c k chamukuttan Nair at Varode by Rtn. Ravindran(above)
News about the Parablegic and quadriplegic support thru Global Grant



gave a new life to one quadriplegic patient with chin operated wheel chair and 25 paraplegic patients with 3 wheel scooters and special training to make various items for a livelihood. Some of the beneficiaries with Rotarians (above)



A well deserved farewell to our IPP Rtn. Adv P Pradeep and his team 2018-19 for a job well done on 27th June 2019. Felicitations by Rtn. P.T. Narendra Menon (above left) and PP Rtn. Sivadas P (above right)

Ottapalam Rotary News (ORN) 2018-19

12 issues, over 360 pages, covering 250+ projects carried out in 2018-19



Links to our 2018-19 editions of all Bulletins

- July 2018 - <https://tinyurl.com/ORN-201807>
- Aug 2018 - <https://tinyurl.com/ORN-201808>
- Sep 2018 - <https://tinyurl.com/ORN-201809FINAL>
- Oct 2018 - <https://tinyurl.com/ORN-201810-v3>
- Nov 2018 - <https://tinyurl.com/ORN-201811>
- Dec 2018 - <https://tinyurl.com/ORN-201812>
- Dec 2018: - <https://tinyurl.com/GG-1861779-Inauguration>

- Jan 2019 - <https://tinyurl.com/ORN-201901>
- Feb 2019 - <https://tinyurl.com/ORN-201902>
- Mar-2019 - <https://tinyurl.com/ORN-201903>
- Apr-2019 - <https://tinyurl.com/ORN-201904>
- May-2019 - <https://tinyurl.com/ORN-201905>
- Jun-2019 - <https://tinyurl.com/ORN-201906>

Special Edition Bulletin - Global Grant Project # 1861779 (support to Paraplegic & Quadriplegic patients)

1st July 2019, 1st Day Projects



Celebrating 100th year of Rotary in India, 100 poor children of NSS KPT High School, Ottapalam were given Uniform cloth



A blood donation camp was organised at PK Das Hospital.(top)

A meeting was also organised with the senior officials of PKDIMS in Planning and execution of various health projects during the year 2019-20 (below)



Eco friendly paper pen making training given to the selected students and staff by GG Beneficiary Nowshija (sitting in the above right picture, conducting the class (above left picture) The children

Aswini Speciality Hospital (Ottapalam)

- Most experienced team of Gynaecologists in Ottapalam.
- Best Paediatric and Anaesthetic backup.
- Facility for High risk pregnancy and Painless labour.
- Most credible centre for Gynaec laparoscopic surgery in the region.
- Centre for Adult laparoscopic surgery.
- Well experienced Paediatric surgery unit of our District with facility for Paediatric Laparoscopy and Daycare surgery.
- Well experienced sonologist with state of art 4D ultrasound machine, 24 hours digital X-ray Services.
- Well experienced and friendly labour room and operation theatre staff.
- Full fledged Orthopaedic department with Spine and Sports injury and Club Foot clinic.
- Senior orthopaedic surgeon with experience Adult and Paediatric trauma cases, paed.orthopaedics and Hand surgery.

DEPARTMENT	DOCTORS
1. Obstetrics &Gynaecology	Dr.Sarojini. MBBS, MD ,DGO Dr.B. Sethulakshmi, MBBS, DGO Dr.Lekha Narayanan, MBBS,DGO,Dip Lap
2. Paediatrics&Neonatology	Dr.Sudheer.K. Menon,MBBS,MD
3. General &Laparoscopic Surgery, Paediatric Surgery	Dr.M.Narayanan MBBS, MS,M.Ch
4. Urology	Dr.M.Eswaran MBBS, MS, MCh.
5. Anaesthesiology	Dr.Sreeraj Chinnan,MBBS, MD, DA.
6. Orthopaedics	Dr.M.B Sathyapal, MBBS,D.Ortho, DNB(Ortho)
7. ENT	Dr. Sunil Kumar MBBS, DLO. Dr.C.S.Ajithkumar.MS(Vellore)DLO,DNB.
8. Ophthalmology	Dr. Beena Sunil MBBS, DO.
9. Radiology	Dr.Benoy John MBBS, DMRD.
10. Resident Medical Officer	Dr.Josemi Chakko MBBS.
11. Physiotherapy	Mrs.Sini.S.Nair BPT,MPT(Cardio), DSE(MR).
Medical Superintendent	Manager
Dr.K. Divakaran D.M.O.H (Retd)	Vijayan Nair

AVAILABLE FACILITIES

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- Neonatal Care including ICU
- Paediatric Medicare
- General Surgery
- Paediatric Surgery
- Laparoscopic Surgery
- Paediatric Urology
- Urology & Andrology
- General Orthopaedics
- Trauma Care
- Sports Medicine
- Back pain Clinic
- Ultrasound, Colour Doppler

INFRASTRUCTURE

- Air conditioned Labour room
- CTG
- Well Equipped Operation Theatre
- Neonatal Intensive Care Unit
- Multipara Monitor/Defibrillator
- Laparoscope with HD 3 Chip Camera Control Unit
- 4 D Ultrasound Scan with Doppler Probe
- Uroendoscopy
- 24-hour Well Equipped Laboratory Service
- 24-hour Medical Store
- 24-hour Digital X-ray Service
- 24-hour Casualty Service
- Ambulance Service

Club/District officers from our club



Rtn. Ambalakat RamMohan
Coordinator
Literacy & Resource Pool



Rtn. Baiju C.P.
Regional Chair
Membership Development



Rtn. Balu V A
Chairman-Zone-2
(TCR/PKD)-TRF



Rtn. Adv. Jayadevan N.K.
Chairman - Zone-2
(TCR/PKD)-RI Priorities



Rtn. Krishnadasan PM
Regional Chair
International Services



Rtn. Madhu Sudhan R
Coordinator -
Smart class Rooms



Rtn. Raaj Mohan K
Chairman - Zone-2(TCR/PKD)
Community Service

OUR Team – Mission 2020

Name	Club Title / District Priorities Title
Ramachandran K	President / CIO / Bulletin Editor
Pradeep P Adv.	IPP / PR - GGR Toilet Blocks & Girl Hygiene / Library & Computer Lab
Kesavadas K N	Secretary
Vijayakumar Konikkal	Vice President / Director - Events & Fellowships
Radhakrishnan K.	Treasurer
Srinivas M Nair	Sergeant-At-Arms /Secretary Elect/Director - Health camps/Blood Donation
Pramodkumar K	President Elect/Director-Attendance Promotion
Sivadasan P.	Chair - Administration Committee
Satheesh Kumar Nair Dr.	Director - Art & Cultural programs/ Environment Protection
Balu V A	Director - Classification Talks/Speaker sessions
Vijayan Parakkottil	Director - Club service
Madhu Sudhan R	Chair - Membership Committee / WINS & Safe Drinking Water
Ambalakat Ram Mohan	Chair - TRF / Director-International services/Training Centre
Venugopalan K Lt.Col	Director - RI Priorities / Rotary I - Share
Nirmala Ram Mohan	Director - Rotary Friendship Exchange / Rotary Family/ Partner Relations
Gangadharan C. Col	Chair - Services Committee
Koman M G	Director - Community Service
Baiju C.P.	Director - Vocational
Raaj Mohan K	Jt. Secretary/Director - Youth Service / School Events
K.C.K. Nair Col.	Director - Rotaract & Interact clubs / Tours Coordinator/ Resource Pool
Narayanan M Dr	Director - Health Services/ Nectar of Life / Maternal & Child Health
Krishnadasan PM	Director - District Priorities - Mission2020/Responsible India
Ravindran Nair	Director - Reach out to Elders / Palliative help
Jayadevan N.K. Adv.	Chair - Public Image Committee
Kutty T.N.	Advisor
Gopikumar K. Dr.	Advisor
Peethambaran P K	Advisor
Prabhurajan Edathol	Advisor



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CONSTRUCTION - PLAN
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Designed, edited and published by Rtn. Ramachandran K, for Rotary club of Ottapalam