Ottopalam Rotary News

a monthly e-Bullettin of Rotary club of Ottapalam RID 3201 – club 22653

Issue # 5

Nov-2018







from the Editor's desk

Dear fellow Rotarians,

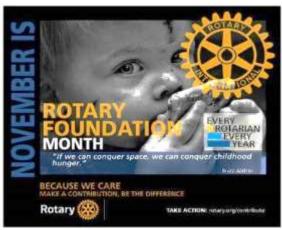
Greetings from the editorial board!

This is our 5th issue of the bulletin dedicated to Word Heritage in India along with activities round-up of October 2018 and other relevant information. A special coverage is included for Global Grant project, Pedal for Clean India, Rotary Tour and congratulations to Rotarians.

Look forward to receiving your comments, suggestions, contributions and creative criticism by email to cio.rotaryotp@gmail.com

Yours in Rotary

Rtn. Ramachandran K





Past editions









#1 Jul-2018

#2 Aug-2018

#3 Sep-2018

#4 Oct-2018

https://tinyurl.com/ORN-201807 https://tinyurl.com/ORN-201808 https://tinyurl.com/ORN-201809FINAL https://tinyurl.com/ORN-201810-v3



Observe World Polio Day: Oct 24



from the Bill & Melinda Gates Foundation: For every dollar that Rotary raises for polio eradication, the Gates Foundation will give two more. Join me, and Rotarians everywhere, on October 24 for World Polio Day — and *Be the Inspiration* for a polio-free world.

The Millionaire Governor

AV Pathy

Industrial products, RC Coimbatore West, D 3201

Just a million' is his tagline, and his plans include a million trees, a million litres of safe drinking water, a million meals for the needy, a million smiles, a million ounces of blood and a million dollars for The Rotary Foundation. Pathy has his blueprint ready for his team. "That way the clubs can start a project right away. I did this homework a year ago."

He has soaked up Rotary from a very young age as his father Ramasubramanian is a member of RC Ootacamund. His mother Vimala Mani is a past president of the Inner Wheel Club of Ootacamund. A Rotarian since 2000, he has "fond memories as an Annet, and as a Rotaractor I was in charge of organising district events."

He was a fun-loving Rotarian, and more into nextgen activities such as organising fun programmes, DJing and track events, till a young couple from a rural neighbourhood approached him for treating their child's heart ailment, after learning about the club's Heart2Heart project. He had mentioned it in passing in a radio programme his club had hosted. "I was so overwhelmed that I took the initiative to have the child treated at the GKNM Hospital. The doctors said that she was critical and may not survive beyond a week. I approached friends, relatives and pooled in ₹60,000. The doctors too did their bit and by God's grace, Jennifer was cured. Today she is 19, hale and healthy." This incident transformed him into a hardcore Rotarian.

Pathy is hoping to woo Rotaractors into Rotary through membership in what he calls 'Space Clubs'. "These clubs will be a bridge for Rotaractors until they find their feet and are able to afford the demands of being a Rotarian. The aim is to make the transition easy when they eventually join Rotary."

On membership, he will add new clubs only if the strength is more than 25 and every one of them are green Rotarians. "Three new clubs have been installed and they are successful because the members have original ideas and there is no beaten path. Secondly, everybody is an equal there."

His other passion is to build two special parks — in Coimbatore and Cochin — for differently-abled children.

Pathy's wife Veena is the Chairman of Inner Wheel District 320.

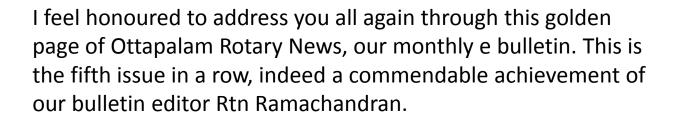




President's message

Rtn PHF Adv. P. Pradeep

Fellow Rotarians, Greetings!



October being designated as Economic and Community development month was passed by through hectic days. As a tribute to Rashtrapitha Mahatma Gandhi on his 149th Birth anniversary we moved one step on our way to Swatch Bharath. Rotarians and Anns toiled a whole day on Oct 2, upholding the slogan "Cleanliness is Godliness" taught by Great Gandhiji. The Rotary premises were cleaned as part of Swatch Bharath Abhiyan.

Eventually, towards the end of the month we could also do a special project of hosting an eighty member team of "Pedal for Clean India" cycle rally from Coimbatore to Kochi. The Rallyists pedaled through the streets of Ottapalam nearly 10 kilometers in length promoting two important missions of End Polio and Swatch Bharath. They stayed overnight and resumed the rally next morning to reach Nedumbassery by evening.

It was a display of team work of Clubs cared by AG Rtn Geetha Abraham.





President's message

Rtn PHF Adv. P. Pradeep



I should appreciate the support extended by Fellow Rotarians of OTTAPALAM, SHORNUR, PATTAMBI, CHERPULASSERY CLUBS.

Also the leadership of Rtn R Madhusudhan is specially remembered. Also thank our DG for his second visit to Ottapalam during the year.

Congratulations to Rtn KS Menon, Hon Rtn PT Narendra Menon and Rtne Sukumari Narendra Menon for having been honored overseas, by Bahrain Keraleeya Samajam. I am really proud to have carried out a plethora of community service projects one after one in October.

Almost all priority areas shown by our DG have been touched to do various meaningful projects.

A team of Rotary family came back jubilant after an enchanting tour to Explore Maharashtra, to places like Ajantha and Ellora. Special thanks to Rtn Col KCK Nair for the splendid job done meticulously to organise the tour. And the days go by.

We shall keep moving ahead, to accomplish our set goals because a full team of more than fifty Rotarains joined by Anns strengthen my hands in full enthusiasm.

Thank you so much.

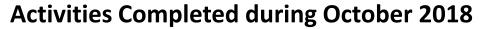
Rtn PHF Adv P Pradeep





Secretary's Report

Rtn Lt Col Venugopalan K



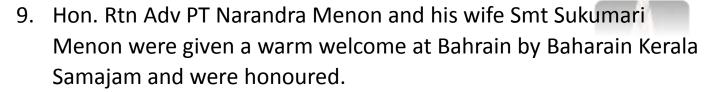
- 1. 1st October turned to be the happiest day for Kamala Bhai, the Nagpurian mentally challenged lady, who was an inmate of Saranalayam Home for Destitute, as her son came to take her back to Nagpur. Rotary Club of Ottapalam with the help of Malayali Association, Nagpur facilitated her re-union with family. Financial assistance was also given for their travel expenditure.
- 2. "Swatch Bharath Abhyan" was undertaken by Rtns and their family members in and around Rotary Club of Ottapalam on 2 Oct 2018.
- 3. Building material worth Rs 50,000/- were donated for reconstruction of collapsed house of Adikrishna, UKG student of Bhavans School on 03 Oct 2018.
- 4. Rtn.Ram Mohan delivered a lecture on Economic and Community Development at RC Shoranur on 10 Oct.
- 5. A lecture on Oral Hygiene and Dental Care was arranged at Vani Vilasini School on 11 Oct 2018.
- 6. Dental Camp was conducted at Vanivilasini School, Chunangad on 11 Oct 2018.
- 7. Rotary family tour "Explore Maharashtra" was conducted covering Aurangabad, Shiridi, Nasik and Mumbai between 12 October 2018 to 17 Oct 2018.1st
- 8. Rtn KS Menon was honoured by The "BAHRAIN KERALEEYA SAMAJAM" during a Navarathri function Harmony on 12th.





Secretary's Report

Rtn Lt Col Venugopalan K



- 10. Four Rtns attended District Membership Seminar at Hotel Ashoka Inn, Trissur on 13.
- 11. 115 mentally challenged inmates of Poly Garden were provided food on 13 Oct 2018. (Project Dhaanya Dhaan)
- 12. A cultural program was conducted at Poly Garden on 13 Oct under Dist priority 'Project one million smiles'.
- 13. Training Centre was launched for Differently abled personnel at Rotary Garden, Kunathara on 13 Oct 2018.
- 14. Environment friendly paper pens made by differently abled personnel were distributed at Vaniamkulam School by Rtn RamMohan by trained beneficiaries of GG-1861779
- 15. 75 visually challenged inmates of Hellen Keller, Vaniamkulam were provided food on 18 Oct.
- 16. An awareness program-cum workshop on "Waste Management" was conducted at Rotary Hall in association with Vaniamkulam Panchayath for residence associations.
- 17. Cycle Rally organised by RI District 3201 under the theme "PEDAL FOR CLEAN INDIA" was given a warm reception with dignitaries viz ASP, CO NCC Bn, AG, DG etc present, on 24 and 25 Oct.
- 18. Inmates of Asrayam Vridha Sadanam were provided food on 27 October 2018.
- 19. Training workshop to make paper pens were conducted at Kendreeya Vidyalaya, Palappuram on 30 Oct.





Gandhi Jayanthi was celebrated as a Swatch Bharat Day by cleaning Rotary Hall, offices and nearby areas. The day was also the birthday of Ann Jayanthi Ramachandran which was celebrated with a cake cutting ceremony.



























































20181005 Visited PNNM Ayurvedic medical college



20181006 Talk on economic and community development at RC shornaur by Rtn Ram Mohan



20181013 Members attended District membership seminar at Trichur.



20181020 Clean India initiatives with Vaniamkulam Panchayat, (Above and below)







Dhaanya Dhaan
Just A Million Meals



Entertained the retarded inmates of Poly garden with cultural shows while providing meals for all.





On 11 Oct a Dental camp and a lecture on dental hygiene were conducted at Vanivilasini school Chunangad by Rtn. Dr. Thajuraj and his team of doctors and staff.











ഓർമത്തെറ്റുകളുടെ വഴി മറന്ന് വീട്ടുപടിക്കലേക്ക് കമലാബ് അപ്പിabhai

അഗതി മവിരത്തിൽ കഴിഞ്ഞ നാഗ്പൂർ സ്വദേശിയെ കൊണ്ടുപോകാൻ ബന്ധുക്കളെത്തി

fourse pseudofirmunicuments severalega conten biograma goalulem min as aparent agplay, allahay, mouland росс болства вестепава, вивопаци ാഭാസ്ല(75) പ്രതിഷായാടെ കാത്തിരുന്ന питировоб автартпоситя. аотновоб രാള മുൻപ് ഒറ്റപ്പാലം നെയിൽവേ സ്റ്റേഷൻ and comparison comments are proportion പാലീസ്, കുന്നതായിലെ ശാണാവമത്തി geongamus eografiaceus pletecus ംടെത്താൻ നാഗ്പൂരിലേക്കു വഴി തെളി ൃത് റോട്ടറി ക്ലബ് ഭാരവാഹികൾ, നാഗ്പുടി ല ലോളി സമാജം മൗത്യത്തിനു കൂട്ടായി. patrician recent creling regence or application ത്രാത്യത്തിനു ട്രെയിൽ കമ്മർയതാണു വുനക ഗ്രത്തെയുടെ ബ്രാവാ ക്രാവാവാധാരം ലാര്ത്തയാരാത്ത്രെ സ്വാത്ത്യം നിയത്. ബന്ധുക്കളെ കാണണമെന്നു വില age afferencemples coancilage shoop feetal asmigations

രാഗസ്റ്റ് 22ന് ഒറ്റപ്പാലം റോട്ടറി കൂണ് പ്ര



നാഗ്പൂർ സഭാശിനി കമലാബായ് മനോഹർ റാവു ബോഡ്ലൈ വിട്ടിലേക്കു കൊണ്ടു പോകാൻ കേന്നും ബന്ധുവും കുന്നത്തായിലെ ഗാണാലയത്തിൽ എത്തിയപ്പോൾ

നമ്പാര് പ്രതിപ് ചാരംശാട്ടിലും മസ്യകട്ടറി camps aa. comportation, unamen യ സന്തര്ശിച്ചാപ്പാഴാണ് ഇവരെ കണ്ടത്. ശര ണാലയ സയറകടെ സിസ്റ്റർ ഗ്ലോറിയ, കമ lengthearter aetacuece

വാടക ന്നൂമായിലെ പ്രോടക്കാര്യന കലോ ബായിയോടു കേണത് വേണ്യഗോപാല്മാർ മരുകൾ രശ്മി ദേശ്മുഖിന്റെ സഹാന്ദര ടെ നാടും വിവാങ്ങളും ചോദിച്ചറിഞ്ഞു. ഈ വിവരങ്ങൾ നാഗ്പൂരിലെ മലയാളി സമാജ ത്തിനു കൈമാനി കേണത് അനിൽ മോഹനൻപിള്ള എന്നിവരുടെ

കാത്തിരിപ്പിനോടുവിത്, മകൻ സുനിന മനോഹർ രാവു ഭോസ്ലയും ഇയാളുട ബന്ധു ജയ് സിൻഹും ശരണാലയത്തിലെ

വോകവരായന ദിനത്തിൽ കാലാബാ When Janeleles todencine known മിലെ വീട്ടിലേക്കു മടങ്ങി. ഗരണാലെം ന ത്തിപ്പുകാരായ സിസ്റ്റർ ഗ്രോറിയ, സിസ്റ്റ് ഇഷ, സിസ്റ്റർ മാരിസ് എന്നിവർക്കും അരോ വാസികൾക്കുമൊപ്പം റോട്ടറി ക്രബ് ഓവേ ഹികളും ദീർഘകാണം നാഗ്പൂരിൽ ഉണ്ടായ മുന്ന ഹരിവസ് അതോളിയും സരന്തരം modes amagazidan;



Building material worth Rs 50,000/- were donated for reconstruction of collapsed house of Adikrishna, UKG student of Bhavans School on 03 Oct 2018

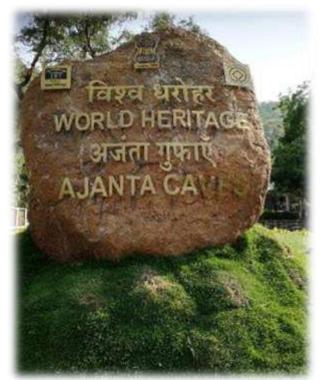


Help to inmates of Saranalayam





Family tour of Maharashtra covering Aurangabad, Shirdi, Nashik and Mumbai. Word heritage places like Ajantha and Ellora caves, Shirdi Sai Baba temple, Mumbai Elephanta caves, etc were some of the places visited during the 5 days trip from 12th October 2018



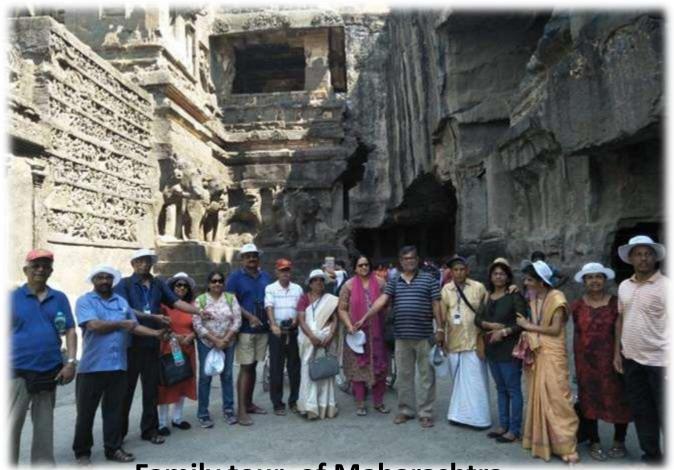






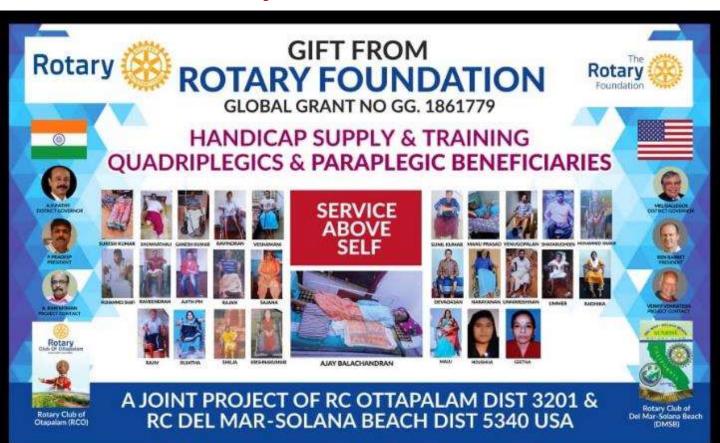








Global Grant Project 1861779: News and Status





GG Project STATUS:

- All equipment delivered.
- 3-wheel scooters' registration in progress.
- Basic training for all completed.
- A central training institute named TEAM-GG-1861779 established for continuous training.

Global Grant Project 1861779: photos

Team GG 1861779, a central Training Institute run by the differently abled for differently abled. All beneficiaries of GG-1861779 has been fully trained on various skills for making themselves sufficient in earning a decent income.









The central Training institute TEAM-GG-1861779







Global Grant Project 1861779: photos



training centre inaugurated by Mr.



PR talk on GG at RC Kalladikode









Global Grant Project 1861779: photos

Mr. Suresh Kumar, one of the beneficiaries, conduction training sessions for students of Bharatheeya Vidya Bhavan School, Ottapalam.





















Global Grant Project 1861779: Lead story

Transformation from a paraplegic patient to a most wanted TRAINER is the life story of Mr. Suresh Kumar. He conducts training classes in several places for school students and adults on how to make paper pens.





AUGUST 2018

Rotary Foundation

OCTOBER 2018





Global Grant Project 1861779: Lead story

Central School(KV) Ottapalam students are being taught in making eco friendly paper pens by Team-GG-1861779 beneficiary/Trainer Mr. Suresh Kumar on 30-Oct-2018







Students displaying their pens made after the training workshop







Know your Rotary

Rtn. V.A. Balu



Rotary's Strategic Planning

Rotary has been a network of inspired individuals who translate their passion into meaningful service projects that transform the world into a better place to live in. We continue to be a dynamic organization that advances communities worldwide. We have set a clear framework as to how our organization need to be in future. Last year Rotary's Board and Trustees adopted a new vision statement that reflects the impact Rotary aspires to have on the world and our members.

Our Vision

"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."

And our **Mission Statement** is

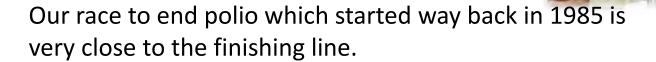
"We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders."





Know your Rotary

Rtn. V.A. Balu



Our focus was mainly on our flagship project, for more than three decades channelizing huge funds towards eradication of polio from the face of earth.

Now, we are so close to our goal, we need to chase a new path in view of bringing more people together increasing our impact and creating long lasting changes around the world.

Our current Strategic plan ceases to exist on June 30, 2019 and Rotary Leaders are busy developing a strategic plan to guide the movement from 2020 onwards

The four key priorities and objectives approved by the board for the next strategic plan are:

- Increase our impact
- Expand our reach
- Enhance participant engagement
- Increase our ability to adapt

To be continued in next month....





Orchids @ 42°c



By Rtn. Jayan B Nayar

My experiments with Orchids started in early 2016 basically to check if they could be cultivated in the high temperatures of Palakkad district. Well, the answer is yes.. over the past 30 months or so many myths surrounding their cultivation and care have been questioned .. quite successfully too. Based on my experience, here are a few random thoughts and learnings:

- The 3 most important aspects to take care of are: a) location of plant b) light and c)water.
- All plants need light. Some need heat and light. All need air circulation.
- Orchids retain more water as compared to other plants.
 They will largely survive dehydration, but excess water will kill them. Therefore the watering process should be need based rather than a routine chore.
- Newly purchased orchids should be gradually moved from shade to light. They are already traumatized due to travel, climate change etc. A gradual acclimatization is therefore essential.
- Orchids are voracious eaters. I feed them twice a week and the diet is a controlled one. Excess feeding will result in very good looking plants that will NOT bloom.

Orchids @ 42°c





- Go organic if possible. Plants seem to like that.
- The plant should be absolutely dry before any feeding or medication session. Means no watering for the prior 24 hours.
- After feeding or any medication, give the plants a good drenching. No food residue should be left behind, as they will start eating all over and become gluttonous.
- If for any reason the plant becomes tired due to heat or because you miss a watering session, spray Glucose D..
 3gms per liter of water. What works for us works for them too.
- If the above doesn't seem to work, dunk the plant overnight in a tub of water. Deep hydration works largely. If not waste no more time with that plant.
- Spraying Coke or Pepsi (1:8 ratio) keeps insects away. Andhra farmers use this quite well .
- Never go organic during the wet season.



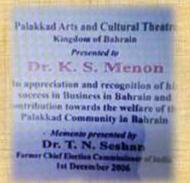


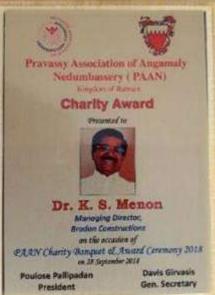
CONGRATULATIONS

Rtn. Major Donor Dr. K. S. Menon received a galore of awards recently for his service to all facets of life. We feel proud of you as a fellow Rotarian!!! Some of them are shown below:

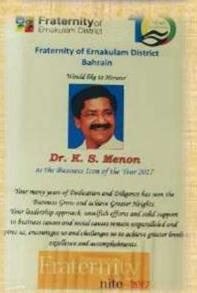


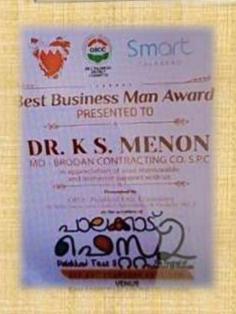














Rotary





കടലിനക്കരെ കതിരിട്ട കിനാവുകൾ

🕒 2018-09-30 16:15:00 💉 പി.ടി. നരേന്ദ്രമേനോൻ



ഇല്ലായ്മയുടേയും വല്ലായ്മയുടേയും കണ്ണീരുപ്പ് രുചിച്ച ഭ്രതകാലത്തോട് പൊരുതി, അര ഡസനിലേറെ വിഷയങ്ങളിൽ ഡോക്ടറേറ്റ് കരസ്ഥമാക്കി ബഹ്റൈനിലെ വിദ്യാഭ്യാസ – സാമൂഹിക – സേവന രംഗങ്ങളിൽ നിറഞ്ഞുനിൽക്കുന്ന പാലക്കാട് വാണിയംകളം സ്വദേശി ഡോ. കെ.എസ്. മേനോനെക്കുറിച്ച്

For reading the article in Malayalam Daily News:
http://www.malayalamnewsdaily.com/node/105876/sunday-plus/dr-ks-menon-sunday-plus-article





CONGRATULATIONS

Rtn. Adv. P.T. Narendra Menon and Mrs. Sukumari Narendra Menon were honored by several social organizations in Bahrain











Rotary





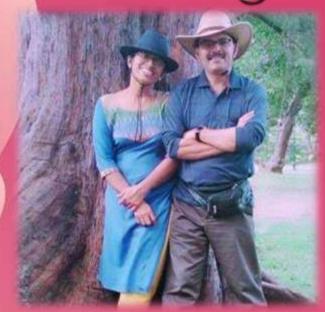




Happy Amiversary!



Rtn. Dr. Narayanan Kutty & Sindhu (14-Nov)



Rtn. V.A. Balu & Geetha (19-Nov)



Rtn. TN Kutty & Vasanthy (20-Nov)



Rtn. R Madhusudhan & Sajitha (24-Nov)



Rtn. Col Venugopalan K & Rema (25-Nov)

Rotary

Rotary swings into action TO HELP KERALA

Jaishree

erala is yet to recover from the deluge described as "the worst since 1924", and tens of thousands of the affected people are struggling to pick up the threads of their devastated lives.

Two spells of heavy rainfall during July-August killed around 500 and left several thousands homeless. Damage to property ran into crores of rupees; thousands of cattle and poultry were washed away and fish farms destroyed. Thirty-five of the 54 dams in the State had to be opened as they were filled to capacity; all the five overflow shutters of the Idukki dam were opened simultaneously, causing landslides in the hilly Wayanad and Idukki, Almost all the districts suffered heavy damage.

All schools, colleges, community halls and places of worship were transformed into relief camps and people kept pouring in by thousands. The affluent threw open their homes to accommodate people, and fed and clothed them too.

As Rotary India swung into action, helping in relief and planning rehabilitation, I made a two-day visit across the badly affected regions of Kuttanad, Kottayam, Kumarakom and Alleppey, with the help of D 3211 DG EK Lake, which brought me face-to-face with the agony of the people there. These places were just a sample of the extensive damage the floods have wreaked across the State.

Houses are broken or have been washed away. Some of them look tilted due to the soil erosion. Several hamlets are unapproachable by road and could be reached only by boats. Accompanied by Assistant Governors Saji Matthews and Jittu Sebastian, and Rtn Tina Antony, District Chief Coordinator for Flood Relief, as I sail over the backwaters in Kuttanad, the shores of which are lined with huts and concrete houses of various sizes and shapes, the irony of a bountiful nature, which has bestowed such lush greenery and beauty to the region, turning its fury on the State and its people, hits me hard

And yet the most affected people greet us with a kindly smile and offer tender coconut water as we step into the devastated remains of their homes

We pull up by the banks at the doorsteps of a forforn-looking Shantha in one of the tiny hamlets that dot Kuttanad. She has just got back from a relief camp and shows us what remains of her home. The roof has vanished and in its place is a blue plastic sheet dotted with holes. Tin sheets make up the surrounding walls and there is no flooring left. Her paralysed husband is sleeping in a corner on a wooden

cot, the legs of which are broken and is supported by hollow block bricks,

Seeing the Rotarians, her face lights up. Members from the Rotary clubs of Kottayam had rescued these villagers and are now engaged in rehabilitating them. "I was shocked to see my home, which I couldn't even identify. The few vessels I had, were washed away," she says tearfully.

While this was the state of the mud houses, the concrete houses had a different story. Television sets, mattresses and other home appliances were kept out to dry in the sun. As the water level increased the residents had moved to the first floor or the roof after rescuing household articles to the extent possible.

"Kuttanad, a reclaimed land from the Vembanad lake, is prone to flooding as it is 7-10 feet below sea level. People are used to the floods every monsoon, but this one took them unawares. The tide was high and there was so much water that the sea just couldn't accept it, and pushed it right back on to the land," explains Sebastian.

He says the water level rose up to nine feet in most place and boats had to be deployed to take people to safety. When the rain stopped and people started getting back to their homes, the Rotarians brought vessels and provisions, mattresses, blankets and

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Ram's Corner Puzzle of the month

Mr. X was once kidnapped. He knew they would either take him to New York City or to Sydney, Australia. When they took his blindfold off, he could see he had been locked in a room without windows. There was only a table, a bed, a chair, and a sink. He could not hear or see anything from outside. However, Mr. X was able to figure out which city he was in. How did he do it?

Send your answers on or before 25-NOV-2018 to cio.rotaryotp@gmail.com

Last month puzzle

If you're 8 feet away from a door and with each move you advance half the distance to the door. How many moves will it take to reach the door.

Answer: If you only move half the distance, then you will always have half the distance remaining no matter how small the number. (Think about it! Infinite moves! You will never reach!)

NO winners Last month

Did you know



The average person walks the equivalent of twice around the world in a lifetime.





CALENDAR: November 2018

Thu, 1-Nov - Weekly Meeting

Thu, 8-Nov - Weekly Meeting

Sat, 10-Nov - Board Meeting

Thu, 15-Nov - Weekly Meeting

Thu, 22-Nov - Weekly Meeting

Sat, 24-Nov - Family Meeting

Major project for November is continuation of Gardening at the

New Civil Station

(work in progress)

Global Grant Project

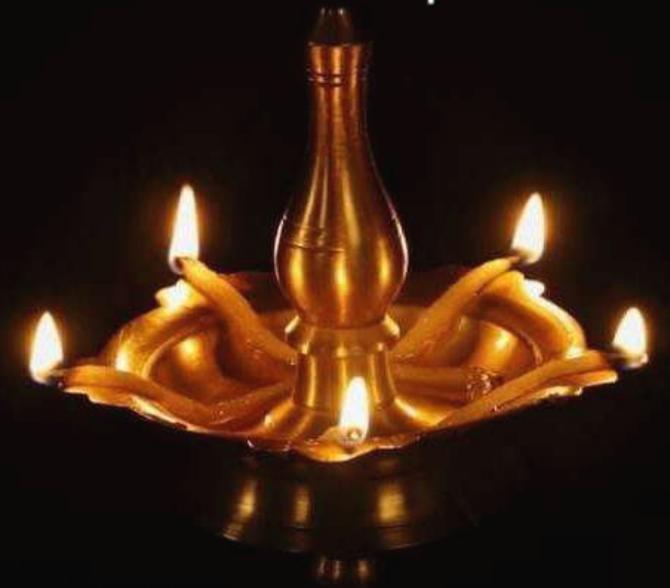
(work in progress)





WISH YOU ALL A HAPPY

Kerala piravi



Designed, edited and published by Rtn. Ramachandran K on behalf of Rotary club of Ottapalam



